# VANGUARD RESEARCH GROUP NEWSLETTER

April 2022

# COME SAY HELLO AT NATCON 2022!

We are looking forward to seeing you face-to-face at the National Council for Behavioral Health NATCON in D.C. April 11-12th!

We will be staffing booth #312 and have lots of information and goodies ready for you!

# **WEBINAR SERIES 2022**

VRG is hosting a series of webinars with topics ranging from the basics of conducting research to specialty clinical topics by our team members and experts. Check the schedule out on page 2 of the newsletter and sign up for any topic that interests you!

### THE IMPACT OF COVID-19 ON LAI USE

A roundtable discussion on the importance of an integrated collaborative-care approach <a href="https://rdcu.be/cJOKZ">https://rdcu.be/cJOKZ</a>

#### **VRG'S NEW LOOK!**

We have updated our website and given it a fresh look! Explore it here: <u>www.vanguardresearchgroup.com</u>

# **EXCITING STUDY RESULTS**

Thank you to all those who participated in the Enlighten study. We are very excited to see the positive results! <u>Topline-enlighten-early-results</u>

### VRG INVITES YOU TO JOIN OUR NEW FUTURE STUDIES

- > A STUDY INVOLVING AN FDA-APPROVED MEDICATION + DIGITAL APP FOR ADJUNCTIVE TREATMENT OF MDD.
- > A NOVEL PHARMACOLOGICAL TREATMENT FOR ACUTE AGITATION IN SCHIZOPHRENIA / BIPOLAR DISORDER FOR USE IN CRISIS STABILIZATION UNITS / PSYCH ER.
- > AN APP TRACKING HEALTH MEASURES TO ADIVSE CLINICAL CARE IN MOOD DISORDERS AND PSYCHOSIS.
- > TESTING A NEW THERAPY APP PROVIDING TREATMENT FOR MDD

If you are interested in learning more or participating, please email Marta Hauser at <a href="mailto:mhauser@northwell.edu">mhauser@northwell.edu</a>.

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# VANGUARD RESEARCH GROUP WEBINAR SERIES 2022

MAY

25<sup>th</sup>

HOW CMHCS CAN PARTICIPATE IN RESEARCH AND WHY IT IS IMPORTANT FOR CLINICAL PRACTICE (PRESENTER: DR. MARTA HAUSER)

An introduction to different aspects and benefits of conducting research at an agency like yours. What clinical and policy implications have resulted from previous research at CMHCs, how research can be implemented within your agency, and how can we support you in becoming part of the research community.

**JUN** 

**29**th

RESEARCH 101 (SESSION 1) – PRACTICAL INTRODUCTION TO RESEARCH IN THE CLINIC (PRESENTER: DR. MARTA HAUSER)

Familiarizing your clinic with a variety of concepts and aspects of research: Institutional Review Boards, Good Clinical Practice, Subject Protection, Safety Reporting and more

JUL

**27**th

RESEARCH 101 (SESSION 2) – STUDY PROTOCOL AND INFORMED CONSENT (PRESENTER DR. MARTA HAUSER)

Details on the two cornerstones of any study: The study protocol and informed consent

AUG

31<sup>st</sup>

INTRODUCTION TO THE CONCEPT OF CLINICAL HIGH-RISK OF PSYCHOSIS (PRESENTER DR. MARTA HAUSER)

Signs and symptoms, assessment scales and current practice

SEP 28th

PROTOCOL DEVIATIONS AND CAPAS (CORRECTIVE AND PREVENTATIVE ACTION PLAN) (PRESENTER CRISTINA GONZALEZ)

What counts as a protocol deviation and what to do when it happens

OCT

26th

AN OVERVIEW OF FIRST-EPISODE PSYCHOSIS PROGRAMS – THE EPINET STUDY (PRESENTER DR. DELBERT ROBINSON)

The treatment of first-episode psychosis has come a long way. Maximizing symptomatic and functional recovery remains one of the main goals. Learn more about the approach of the EPINET study.

NOV 30<sup>th</sup> EXPLORING NEW TECHNOLOGIES, MEDICATIONS AND THERAPIES – ILLUSTRATING DIFFERENT OPPORTUNITIES FOR PARTICIPATING IN CLINICAL STUDIES AND FINDING THE RIGHT TRIAL FOR YOU (PRESENTER PATRICIA MARCY)

Highlighting aspects and examples of studies with different focus and funding sources to determine what best fits your agency

DEC 28th REFLECTION: HOW HAS RESEARCH BEEN WORKING FOR YOU? THE GOOD, THE BAD AND THE THINGS VRG CAN HELP WITH (PRESENTER PATRICIA MARCY)

Whether you have been engaged in research for years or just dipped your toe in - let us know what works well and where change might be needed.

If you are interested in learning more or participating, please email Marta Hauser at <a href="mailto:mhauser@northwell.edu">mhauser@northwell.edu</a>